

LIFE SAVING RULES



ENERGY ISOLATION

Verify energy isolation. Remain out of the line of fire.



SAFE LIFTING OPERATIONS

Ensure all lifting operations are planned and executed safely.



DRIVE SAFELY

Obey the law and avoid distractions while driving.



CONDUCT HAZARD ASSESSMENT

Identify and control hazards or STOP WORK.



WORKING AT HEIGHTS

Protect yourself and others against a fall when working at heights.



PERMIT TO WORK

All work must be completed under an authorized permit to work system. Complete a hot work permit when introducing an ignition source in areas where hydrocarbons may be present.



CONFINED SPACE ENTRY

Obtain authorization before entering a confined space.



ALCOHOL & DRUG FREE

Be fit for work.